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Register Now!

You must pre-register and pre-pay for all classes & events

Phone: 424-2166 or

E-mail: centre48@montmartre-sk.com

Payment can be left at the office or mailed to:

Centre 48 Box 457

Montmartre, Sk. S0G 3M0

INTRO TO DIGITAL PHOTOGRAPHY

Do you want to get your DSLR off of Auto? Then this 2 evening workshop may be for you! For both classes you will receive "homework" (it will be fun!) that will help some of the concepts that Laurie introduces really stick! This course is suitable for those that own digital slr's.

Laurie Johnson will cover:

- engaging your subject - capturing the moment
- ISO - aperture

Location: Laurie's home - Peebles (we will car pool)

Date: Jan 19 & 26 **Time:** 7-9 p.m.

Cost: Pay before Jan 9th \$110, after \$120

Check out her blog at www.laurieannphotography.com

FRESH ROLLS

Learn how to make the unique appetizer Vietnamese Freshrolls with Donna MacPherson.

Date: April 17

Time: 6:30 - 9:30pm

Location: Montmartre School Home Ec Room

Cost: Before April 7th = \$30, After = \$40

METAMORPHIC WORKSHOP

Do you have a fast pace life? No time to relax? Sleep disturbances? Felicity Butler will teach a simple self healing method that may work for you.

Metamorphic can help you release blocked energy, giving you a sense of freedom, removing fears and phobias that have held you captive. You may sleep better and wake more refreshed.

Metamorphic involves working on reflexes of the feet, hands and head. It works very well with people of all ages and abilities and is a safe and unobtrusive way to work with people. It is wonderful for pregnant women as the baby also releases!

DATE: March 3rd

TIME: 10am - 3pm

LOCATION: Odessa Community Centre

COST: Pay before Feb 21 = \$65, After = \$75

LEARN TO RUN

We are always willing to set up a learn to run class, just give us a call if you are interested.

PLAYSCHOOL

Children will meet once a week with Krista Brown to learn, play and share, while being introduced to crafts, music and familiarizing themselves with the kindergarten room.

Age: 3 1/2 +

Session 1 Dates: Jan 17, 23 Feb 1, 7, 13, 28
Mar 5, 12, 20, 27

Cost: Pay before Jan 10 \$100, after \$110

Session 2 Dates: April 17, 23, May 2, 8, 15, 22, 28
June 5, 11, 19

Cost: Pay before Apr 7 \$100, after \$110

Time: 9-12 am

Location: Montmartre Kindergarten Room

LEGO CLUB

Children will meet weekly after school with Susan Sebastian to read a story and build a Lego creation.

Age: 6-12

Dates: Wednesdays January 11 - April 4

Time: 3:20 - 4:30

Location: Montmartre School

Cost: \$2 week

Thank you to our sponsors:

Montmartre Plainsview Credit Union, Chittronics

PARENTING YOUTH WORKSHOP

Are you competing with computers, cellphones, video games? Lori Petruskevich will provide parents an opportunity to:

- Explore challenges in relating to youth,
- especially in modern times with so many
- distractions
- What different behaviours can mean
- Things to watch out for
- The golden opportunity to make a positive difference in working with youth
- Simple steps for significant improvements in parenting youth

Date: Feb 4th **Time:** 9-5

Location: Montmartre Municipal Building

Cost: Pay before Jan 25 = \$110, After \$120

CARD & SCRAPBOOK WORKSHOP

Mel Reid will guide you through the process in this three level workshop. Must register two weeks in advance

LEVEL 1: Complete 6 cards and three 12x12 scrapbook layouts with pre-cut paper and embellishments

Date: Feb 15 **Time:** 7-9 pm

Location: Montmartre School Home Ec. Room

Cost: Before Feb 5th = \$50, After \$60

LEVEL 2: Complete six cards and one 12x12 scrapbook layout with sticker and ribbon embellishments. Learning to cut paper and scrapbook pages yourself.

Date: Mar 7 **Time:** 6:30-7:30

Location: Montmartre School Home Ec. Room

Cost: Before Feb 24 = \$50, After \$60

LEVEL 3: Complete 6 cards and learn to cut their own paper, use stamps, metal embellishments and sponging techniques.

Date: Apr 4 **Time:** 6:30-9:30

Cost: Before Mar 23 = \$50, After = \$60

With 2 stamp block = \$65, After = \$75

GUN SAFETY

Connie Baumgartner will instruct you through your federal and provincial fire arm's safety.

Dates: Tues & Thurs: Mar 6, 8, 13, 15, 20, 22

Time: 6-9 pm **Ages:** 11+

Location: Montmartre School

Cost: Before Feb 25 = \$125, After = \$135

GRANT WRITING WORKSHOP

Southeast Connection is hosting a one day grant writing workshop.

Date: Feb 2

Time: 10-4

Location: Montmartre Senior's Centre

Cost: Free

If you are interested please contact Nicole Clow at 438-5049 or nclow@southeastconnection.ca

VISIT OUR FACEBOOK PAGE!

Music Lessons

Request a receipt to put towards the Children's Arts Tax Credit!

GUITAR

Cory Christoph has been attending the Conservatory of Performing Arts since 1999. He is currently working on his Gr. 10 Classical Guitar.

Start date: Jan 15 - May 6 (1 hour every 2nd Sunday)

Cost: Private Lesson: \$38/Hour Group Lesson: \$28/Hour

DRUMS

Jason Spilchen drums for the Regina band Sinners O Saints.

The band is in the process of recording their first album.

Start date: Jan 15 - May 6 (1 hour every 2nd Sunday)

Cost: Private Lesson: \$38/Hour Group Lesson: \$28/Hour

PIANO

Meagan McEwen has studied piano for 10 years.

She has worked up to her Grade 8 piano in the Royal Conservatory of Music.

Start date: Jan 15 - May 6 (Every Sunday)

Cost: Private Lesson: \$19/ .5hr

KINDER KIDS MUSIC

Cheri MacFarlane has taught Kinder Kids music for three years. She has spent numerous hours over the years in music classes with her own kids and also has extensive experience teaching kids through volunteer work.

One hour group lessons for ages 3-6

Start date: Jan 29, Feb 12, 26, Mar 11, 25 @ 2:30 pm **Cost:** \$50

ROCK REVIEW

Always wanted to be in a rock band? Here's your chance! Centre 48 partners with Regina's Catholic Family Services to provide instructor, Cory Christoph and equipment for this awesome class. Four afternoon sessions will be held this winter, followed by a 'Rock' performance. Whether you're a student or an adult, sign up and we'll form suitable bands for everyone. **COST:** \$110

Centre 48 would like to thank the Southeast Connection, Saskatchewan Lotteries & All Folk'd Up for their financial assistance.

MASTER'S CONCERT

An afternoon of amazing music performed by Centre 48 students, their instructors, Montmartre School Band & special guests. Everyone is invited!

DATE: Sunday May 6th **TIME:** 2 p.m. **COST:** Silver collection

LOCATION: Montmartre Sacred Heart Church

ZUMBA - Montmartre, Wolseley & Vibank

In this 8 week session (instead of 6) we combine latin and International music with a fun and effective cardio workout system.

Wolseley Location: School Gym **Time:** 5:00pm

When: Sunday's: Jan 29, Feb 5, 12, 26, Mar 4, 11, 18, 25

Cost: Pay before Jan 19 = \$100, After = \$110

Montmartre Location: School Gym **Time:** 7:00pm

When: Sunday's: Jan 29, Feb 5, 12, 26, Mar 4, 11, 18, 25

Cost: Pay before Jan 19 = \$100, After = \$110

Vibank Location: School Gym **Time:** 7:00pm

When: Wednesdays: Feb 1, 8, 15, 29, Mar 7, 14, 21, 28

Cost: Pay before Jan 19 = \$100, After = \$110

YOGA - Montmartre & Odessa

Roberta Quam teaches core postures, breath work, relaxation techniques and a little yoga philosophy. You must bring your own mat. Avoid clothing that is restricting or bunches.

Montmartre: Thursdays: Jan 19, 26, Feb 2, 9, 16, Mar 1, 8, 15

Location: Montmartre School - dance room

Time: 7:30 pm

Cost: Pay before Jan 21 = \$100, after Jan 21 = \$110

Odessa: Wednesdays: Feb 8, 15, 29, Mar 7, 14, 21, 28, Apr 4

Location: Odessa Community Centre

Time: 7:30 pm

Cost: Pay before Feb 26 = \$100, after Feb 26 = \$110

SOCCER COACHING CLINIC

This introduction to coaching clinic delivered by Udo Baecker of Sask. Soccer will cover the rules of the game, basic skills and how to be an effective coach. Includes official Sask. Soccer coaching manual. Come out and participate in an evening of fun and games!

Date: April 19th

Time: 6:30-9:30 pm

Location: Montmartre School Gym

Cost: Before Apr 9th = \$40; After Apr 9th = \$50

PEROGY RUN

Come run, bike or walk 1, 5 or 10km

This spring run is a great goal that will keep you motivated throughout the winter includes PEROGY lunch and prizes.

Please register by May 16

Location: Montmartre Sacred Heart Church

Registrations: Adult \$50, students \$25, 5 & under free

Date: May 26 **Time:** 10 am

This is Centre 48's annual fundraiser. It enables us to run many classes at a reasonable cost. Thank you for your support.

SONG WRITING

Listen to the works of Lorri Solomon on the evening of Saturday February 11th at a coffee house concert at Sister's Bistro then on Sunday February 12th she will guide you through the creative process of song writing to create your own one of a kind original song.

Date: February 11

Location: Montmartre Municipal Building

Cost: Before Feb 1 = \$65; After = \$75

(prices include ticket to concert at Sister's Bistro)

COMPOSTING

Sask. Waste Management Council will teach you how to turn your kitchen and yard waste into nutrients for your garden. Composting will reduce your waste and make your garden healthier.

Date: April 26

Time: 6:30- 9 pm

Cost: Before April 16 = \$30; After \$40

Location: Montmartre School

HAIR BRAIDING

In this two 1-hr sessions Ginnette Brenner will teach you how to braid hair including the common French braid.

Date: Jan 29 & Feb 5

Age: 12+

Time: 3:00- 4:00pm

Location: Montmartre School Home Ec Room

Cost: Before Jan 19 = \$35; After = \$45

HARD BALL PITCHING CLINIC

Shawn Wilyman, pitcher for the Regina Red Sox's, will be hosting a hardball pitching clinics for age groups: 8-9 yrs old, 10-11 years old, and midgets.

Date: March 25

Time: 8-9 yrs old: 10:00 - 11:30 am

10-11 yrs old: 1:00 - 2:30 pm

Midgets: 2:45 - 4:15 pm

Location: Montmartre School Gym

Cost: Before March 10 = \$ 30, After = \$40

BOY/GIRL POWER

A day for boys and girls ages 9-14 to have fun and make new friends. The day will include horse riding, archery, wall climbing, self esteem workshop, wiener roast & more.

Date: June 23 **Location:** Circle Square Ranch

Cost: Before June 13 = \$30; After = \$40